

## ROTHERHAM BOROUGH COUNCIL - REPORT TO MEMBERS

<b>1</b>	<b>Meeting:</b>	<b>Cabinet Member for Adult Social Care</b>
<b>2</b>	<b>Date:</b>	<b>19th November, 2012</b>
<b>3</b>	<b>Title:</b>	<b>Small Funding for Service Scheme</b>
<b>4</b>	<b>Programme Area:</b>	<b>Neighbourhoods and Adult Services</b>

### **5. Summary**

This report updates Cabinet Members with the progress of a small grants scheme benefiting carers and people with dementia. It recommends that a similar scheme takes place and there is a requirement for an urgent decision to be taken to ensure that the schemes are delivered within year.

### **6. Recommendations**

**That DLT:**

- **Receives the information contained in this report and agrees to a similar scheme being repeated to benefit carers and people with dementia utilising £20,000 of MTFS investment.**
- **Cabinet Member for Adult Social Care receives the report for information and endorses the above decision to progress the scheme.**

## 7. Proposals and Details

### Background

- 7.1 In 2010-11 uncommitted funds identified in the MTFIS Investment Plan were utilised to facilitate a Small Grants Scheme. Bids were invited from non statutory organisations for allocation of funds between £500 and £2000.
- 7.2 The project supported Rotherham MBC's objective to increase support options to these service user groups and required each organisation to have clear outcomes for the specified client group(s). Allocation conditions of:
- An annual income of less than £20,000
  - Clear accounting/financial procedures in place.
  - Benefit people living in Rotherham.
  - Using the allocated funding for the purpose for which it was approved.
  - Ability to demonstrate equality of access to the service or activity for all of Rotherham's communities.
  - Compliant with agreed monitoring processes.
- 7.3 Rotherham MBC Standing Orders were observed throughout the process (SO 47).
- 7.4 The scheme directly benefited 1,546 people and involved 424 interventions/sessions or events (see Appendix 1).

Positive direct service user outcomes were described as:

- Increased feeling of wellbeing
- Reduction in stress levels
- Increased energy levels
- Improved sleep patterns
- Improved self confidence and self-esteem
- Decrease in isolation
- Increased social interaction
- Increased opportunities for peer support
- Increased knowledge
- Increased respite opportunities
- Increased employment opportunities
- Increased choice and control
- Increased opportunity to reduce weight
- Increased opportunities for cognitive stimulation

7.5 Service outcomes were described as:

- Increased information and advice available.
- Provided outreach to seldom heard groups by stimulating diversity of provision.
- Increased targeted service user options.
- Raised awareness of dementia – reducing stigma.
- Increased support networks outside of formal support.
- Increased opportunities for avoidance of dependence on Adult Social Care resources.
- Increase options available in the community.
- Personalised services/increased diversity and choice for people utilising personal budgets.
- Supported the population of the Connect to Support - e-market place option.
- Prevented carer breakdown. by offering respite opportunities for carers.
- Increased collaborative working and awareness raising between agencies and other stakeholders.

7.6 Commissioning outcomes:

- Increase capacity of diverse low level service provision in the market.
- Cost efficient service provision.
- Stimulation of innovative ways to deliver support and care.
- Available market tested provided useful information for Commissioning.
- Seed funding helped to sustain service provision beyond the project time frame.
- Small scale project which reduced the requirement for tendering and associated costs.
- No continued commitment to organisations beyond the project term.
- Stimulated other projects and groups, growth in skills and confidence to enabled people to start up their own local support groups in the areas that they live in.

## 8. Finance

- 8.1 Thirteen bids were received and an evaluation panel evaluated the bids against, agreed criteria. A total of £18,700 was committed to ten schemes.
- 8.2 From the Carers Increased Community Support reserve, bids totalling £7470 were approved. From the Dementia Increased Community Support reserve, bids totalling £11,221 were approved.

- 8.3 Expenditure per person (unit cost) receiving service ranged from £1.55 to £82 with an average cost of £14. The higher cost were as a result of the service delivering a course of interventions; whilst lower cost were generally group activity with a higher number of participants.
- 8.4 In the financial year 2012-2013 the MTFS investment for increased Community Support for people with dementia is £300,000. An additional £183,000 is available to increase Carer Support in the Community. Development work and service reviews are currently being undertaken to commit this resource in the long term. £75,000 of the budget remains uncommitted this financial year.
- 8.5 To repeat the scheme an estimated £20,000 investment to achieve similar outcomes is required.

Repeating the scheme would compliment formal support provided by the Dementia Cafes and Carers Support Services providing less formal move on support and alleviate demand.

## **9. Risks and Uncertainties**

- 9.1 Opportunities to deliver positive service and commissioning outcomes and service user outcomes, through effective commissioning will be missed.
- 9.2 Current budget pressures need to be considered however the projects were all successful, provided substantial benefits and increased provision of preventative support services keeping people out of more expensive services without major investment of either money or council resources.

## **10. Policy and Performance Agenda Implications**

- 10.1 The proposals in this paper sit well with the organisational priorities of the Rotherham Health and Wellbeing Board especially in relation to:
- Prevention and Early intervention Rotherham people will get help early to stay Healthy and increase their independence
  - Expectations and Aspirations The expectations and aspirations of Rotherham people will be understood and matched by services that are delivered to borough-wide standards, tailored to an individual's personal circumstances
  - Long-term Conditions - Rotherham people will be able to manage long-term conditions so that they are able to enjoy the best quality of life

- 10.2 Achieve the Directorate's Service Plan Efficiencies 2011-2013 to ensure that resources are appropriately utilised (reflecting best value and high quality) to meet the Council's strategic priorities.
- 10.3 Supports Rotherham MBC to implement the principles behind 'Think Local, Act Personal' - the government's new vision for social care and for community-based support and the move to stimulate grassroots development, increase and sustain social networks capable of giving time, energy, support and skills in line with TLAP principles.

## **11. Background Papers and Consultation**

Appendix 1 - Small Grants Project report – Resources 2011-2012

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**Appendix 1 - Summary of the projects and the number of people who benefitted:**

<b>Organisati on/Group</b>	<b>Project Name</b>	<b>Summary</b>	<b>No. of sessions</b>	<b>Average No. at each session</b>	<b>No. of People Benefiting</b>
Headway	Life Story Books IT course. 12 x complementary therapy sessions.	'life story' book about their family member to help them understand their past and come to terms with their present condition, whilst at the same time learning basic computer skills. Complimentary therapies.	6	8	8 learners
			12	2	26
AD PRO	LD social enterprise. Awareness raising event and CRB checks	Support people with a LD,PD, or MH issues to take the next steps into voluntary and paid employment giving respite to carers from their caring duties.	1 event	100	100+
			22 CRB checks	n/a	22
Nayi Zindagi (New Life)	Exercise sessions: Track walking Aerobics	Weekly exercise class and a weekly walking group for up to 15 carers per session from the BME community.	29	8	14 members
			28	6	10 members
Carers 4 Carers	Wellbeing and Lifestyle Group  Rotherham Show/Fayres Fair Building Esteem WRAP Team Building	Internet project to enable carers visiting the headquarters of Carers 4 Carers to access information. Promotional materials were also produced to outreach to carers caring for people with MH issues. Monday Group which targets new carers and those in crisis, to give peers support, increase opportunity for volunteering and employment. WRAP training/conference/access community learning	2 events		500
			6	20	20
			13	8	8
			2	12	12

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BME Women's Forum	Awareness Raising of Dementia in BME Communities.	BME Women's' group of around 20 members that met weekly and specifically raised awareness around issues of dementia in BME communities.	4	15	61
Friends of Lord Hardy Court	Social outings – min x 4	Provided opportunities for people with dementia and their loved ones to enjoy activities and outings away from the residential home setting.	9	10	30
Surehealth	Tai Chi 2 x 12 Weekly sessions	Health related activities for people with long term health conditions = two Tai Chi Groups to run for 12 sessions each. The programme was designed using a specific range of graded exercises based on Tai Chi principles with the aim of developing confidence in movement and helping to manage the stress associated with caring responsibilities (dementia).	12	30	49
Hausila Wellbeing Group	Wellbeing Group	Support for carers, increased social inclusion, engaging with hard to reach groups, developing support groups and improving the health and wellbeing of carers to help them continue in their caring role.	42	25	25 members of the group
Lost Chord	12 sessions at Davies Court	Lost Chord provides an opportunity for people with mild to moderate dementia to sing and play percussion instruments	12	29	350 attended over the year

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		together.			
Singing for the Brain	12 sessions at Lord Hardy Court or Potteries Court	Provided an opportunity for people with mild to moderate dementia, together with their carers, to sing together	12	18	215 attended over the year